

THE WEEKLY MONTREAT MEMO

The Weekly e-Newsletter of Montreat Presbyterian Church, USA



January 22, 2019

All Are Welcome!



**Sunday Worship, January 27
10:00 A.M. in Upper Anderson
Everyone is welcome! Please join us!**

Our Calendar

- | | | |
|----------------------|--------------------------|------------------------------------------------------------------------------------------------------------------|
| Wed., Jan. 23 | 1:30 P.M. | Christian Education Committee Meeting
<i>Swannanoa Room, Allen Bldg.</i> |
| Wed., Jan. 23 | 5:00 P.M. | Montreat Wednesday
Ann DuPre Rogers:
Resources for Resilience
<i>Swannanoa Room, Allen Bldg.</i> |
| Sun., Jan. 27 | 10:00 A.M. | Sunday Morning Worship
<i>Upper Anderson</i> |
| Sun., Jan. 27 | after
worship | Annual Congregational Meeting
<i>Upper Anderson</i> |
| Sun., Jan. 27 | 3:30 P.M. | Choir Rehearsal
<i>Swannanoa Room, Allen Bldg.</i> |
| Wed., Jan. 30 | 5:00 P.M. | Montreat Wednesday
Ron Vinson: Presbyterian Heritage |

		Center 2019 Programs & Exhibits <i>Swannanoa Room, Allen Bldg.</i>
Sun., Feb. 3	10:00 A.M.	Sunday Morning Worship <i>Upper Anderson</i>
Sun., Feb. 3	11:20 A.M.	Committee Chairs & Session Liaisons Meeting <i>Swannanoa Room, Allen Bldg.</i>
Sun., Feb. 3	3:30 P.M.	Choir Rehearsal <i>Swannanoa Room, Allen Bldg.</i>
Sun., Feb. 3	5:00 P.M.	First Sunday Hymn Sing <i>Swannanoa Room, Allen Bldg.</i>
Tue., Feb. 5	3:00 P.M.	Congregational Care <i>Swannanoa Room, Allen Bldg.</i>
Wed., Feb. 6	5:45 P.M.	Covered Dish Dinner <i>Upper Anderson</i>
Thu., Feb. 7	3:30 P.M.	Evangelism & Membership Committee <i>Swannanoa Room, Allen Bldg.</i>

Please share scheduling info with the office administrator at office@montreatchurch.org,

and be sure to check availability of times, places, and people before scheduling events, meetings etc.

In order to streamline communication and avoid confusion, **any requests made to the MRA on behalf of church programs should come through the church office,** and we will direct them to the appropriate contacts at MRA.

Welcome New Members!

We've had an exciting couple of weeks, with a number of people joining our membership rolls and being welcomed in worship!

We celebrate the recent or upcoming additions to our various membership rolls (active, baptized, affiliate, supporting, member clergy and supporting clergy) of:

Kat & Mark Achtemeier
Bob Montgomery
Ann & David Neel
J.W. "JDub" & Julie Simpson
Sally Stansill
Jim & Peggy Williamson
Bob Wynne

Already part of our church family (and, in some cases, also part of other church families), we celebrate our bond, our fellowship, and our shared commitment to the mission and ministry of Montreat Presbyterian Church! **A new revision of the directory supplement will be published shortly** and distributed at our Sunday worship service.

**Montreat Wednesdays Begin Again
Wed., Jan. 23, 5:00 P.M.
Allen Bldg. 304 Lookout Rd.**

**Resources
FOR
Resilience**



On Wednesday, January 23rd, Ann DuPre Rogers will introduce participants to the Reconnect for Resilience curriculum.

The Reconnect for Resilience curriculum offers practical strategies to promote a culture of resilience in a family, community or organization. Using concepts grounded in recent neuroscience, this training presents material about trauma, the brain, the autonomic nervous system and well-being skills in a simple, teachable format designed for anyone to learn, regardless of their level of education or mental health background. Reconnect for Resilience is a strength-based, somatic approach to teaching emotional regulation, shame reduction and relational connection. Montreat Presbyterian Church is a supporter of Resources for Resilience.

Ann DuPre Rogers is a Licensed Clinical Social Worker and a graduate from the University of Georgia and Davidson College. She is the Program Director for Resources for Resilience, an Asheville-based non-profit (501 C3), formed to respond to the public health crisis of ACES (or Adverse Childhood Experiences.) Since the mid 90's, Ann DuPre has worked in outdoor leadership and community mental health. Her roles have included child and family therapist, clinical supervisor and community outreach director. She is also a registered yoga teacher and a Mental Health First Aid instructor.

All are Welcome! Please join us.

**Annual Congregational Meeting
Sun., Jan. 27**

The Annual Congregational Meeting has been duly called, in accordance with the Manual of Administrative Operations, for Sunday, January 27, immediately following the worship service.

Choir Notes

A new Choir is beginning! Together this group of musicians will have the opportunity to honor and glorify God through our singing and worship leadership. Regular rehearsals will be held each week and we will be planning to sing in worship most Sundays.

**Regular weekly rehearsals will be held each week
on Sundays, 3:30-5:00 P.M.
in the Allen Building/Swannanoa Room.
We begin this Sunday, January 27!**



A **choir mini-retreat** will also be held on Saturday, February 9, 8:30 A.M.-12 noon in the Swannanoa Room (Allen Building). This retreat will involve longer special practice time to begin preparations for some of our upcoming Lenten/Holy Week music.

If you are interested in sharing your gift of music as part of the choir, please contact Vivian Hare: music@montreatchurch.org.

V.H.

Special Mission Delegation: Lights for Learning

Steve Hansel, Jim Henderson, and Eric Nichols will lead a special mission delegation for MPC on **January 29** to visit with our friends at **OFCB Ministries in Bayonnais, Haiti**. Four WNC Rotary Clubs gathered by Jim, along with MPC's Mission Committee, have combined with the International Rotary Club of Bayonnais, Haiti to light up the lives of over 1,100 Haitian families. This means that every family of a student at the three OFCB schools will receive a solar-powered LED lamp.

We have obtained the lamps from the Bright Products Company in Oslo, Norway. Several years ago the "**SunBell**" lamps (the "seeds") were introduced to our congregation by Olson Huff and the Light Foundation as a solution for energy poverty in third-world countries. The seeds have born

much fruit.

We have asked the Bayonnais club to pick up the lamps at the Port-au-Prince Airport, transport them to OFCB, and to organize the distribution as their contribution to the partnership.

We are also very pleased to have our former Interim **Rev. Maggie Lauterer** with our delegation again. Our group of 11 will listen as she delivers the sermon on February 3rd to the OFCB church.

Eric Nichols

Holy Communion Dates 2019

Feb. 3	(First Sunday of the month)
Mar. 3	(First Sunday)
Mar. 6	MPC/BMPC Ash Wednesday service at BMPC
Apr. 7	(First Sunday)
Apr. 18	Maundy Thursday, 7:00 P.M.
Apr. 21	Easter Sunday
May 5	(First Sunday)
Sept. 8	(Moved to 2nd Sunday)
Oct. 6	World Communion Sunday
Nov. 3	(First Sunday)
Dec. 8	Service of Hope & Remembrance
Dec. 24	Christmas Eve Service, 5:00 P.M.
Jan. 5, 2020	Ordination/Installation

Special Offerings Calendar in 2019

Jan. 27	February Nickel-a-Meal
Feb. 3	Souper Bowl (Swannanoa Valley Christian Ministry)
Mar. 3	Nickel-a-Meal
Apr. 7	Nickel-a-Meal

Apr. 14	One Great Hour of Sharing
May 5	Nickel-a-Meal
May 19	Pentecost Offering (40% to Children & Friends)
Sept. 8	Nickel-a-Meal
Sept. 29	Peace & Global Witness (25% to Helpmate)
Oct. 6	Nickel-a-Meal
Nov. 3	Nickel-a-Meal
Nov. 28 (Thu.)	Thanksgiving (Barium springs/Grandfather Home)
Dec. 8	Nickel-a-Meal
Dec. 22	Christmas Joy
Jan. 5, 2020	Nickel-a-Meal

Mission Trip Opportunities for PWNC

The Mission Committee of Presbytery has worked diligently with those in the Eastern part of North Carolina to set up two mission trips, in Wilmington and Lumberton to help with flood damage. Find information and applications [here](#).

Friends & Partners in Ministry

**Twenty-Ninth Annual Dr. Martin Luther King, Jr.
Saturday, February 9, 2019
Prayer Breakfast
8:00-11:00 A.M. at Camp Dorothy Walls**



The singer-speaker for our 2019 Prayer Breakfast is **Mary D. Williams**, Adjunct Professor at Duke University's Documentary Studies.

There are many ways you can give your support:

- 1. Attend** the Prayer Breakfast by purchasing tickets by January 20, 2019, [here](#)
- 2. Contribute** to our scholarship fund. We acknowledge in our program: Patrons donating \$5-99, Sponsors donating \$100-499 and Benefactors donating \$500+
- 3. Volunteer** to become members of the MLK Jr. Board.

4. **Purchase** an ad in our printed program by contacting a board member.



SVCM has a continuing need of items for their clients. If you have any blankets, coats or space heaters you could donate, you may take them to SVCM in Black Mountain, or you may bring them to the church and we will be sure they are delivered.

Our Prayer List

The Montreat Presbyterian Church family is in prayer for...

Evelyn Bannerman, health concerns
Glenn Bannerman, treatments for melanoma
Robert Boer
Connie Bristow (friend of Genie Sullivan)
Fred Connelly
David Duncan, continuing severe back pain
Sarah Feely (sister of Margaret Neale), acute leukemia
Jane Frist
John Hinkle, Jr.
Tripp Hinkle (Grandson of John & Dora Hinkle)
Margie Jones, recovering from back surgery
David Miller
Betsy Neville
Gordon Neville
Margaret Rada
John Roark
Mary Scott Robinson
Arline Taylor, in Salisbury with her daughter while recovering from a fall
Maggie Tuggle
Lynn Wegener (sister of Brad Hestir), Joe, and their children and families,
in the aftermath of a stroke
Lamar Williamson, health concerns

Congratulations to Sally Stansill, who welcomed her first grandchild,
Eloise Grace Justice on December 17, 2018,
born to Sally's daughter, Amy Justice with husband Aaron.

We also lift up in prayer...

People who are especially vulnerable to winter weather
Refugees of war, famine and violence

Victims of war and terror in Yemen, Myanmar and elsewhere

Victor and Sara Makari, our Mission Co-workers in Palestine
Elmarie & Scott Parker, our Mission Co-workers in the Middle East
Ardrishaig Parish Church, our eco-partner church in Scotland
Bounty & Soul
Children & Friends
Kairos Prison Ministry
OFCB ministries and the people of Haiti
Swannanoa Valley Christian Ministry

*If you or someone you know would like to be added to our prayer list,
please contact the church office. Please also let us know
when it is appropriate to remove the name from the prayer list.*

Montreat Presbyterian Church

montreatchurch.org



OUR MISSION

*In the fellowship of Jesus Christ we
Listen for the word of God in our lives
Love with open hearts and open minds
Walk the path of faith together
Serve others and
Welcome all.*

OUR VISION

*Led by the Holy Spirit
We proclaim the word of God
Through our ministry and mission.*

The Session

Steve Hansel, Mary Jo Wright (2019)
Jane Alexander, Everett Culpepper (2020)
Beth Fountain, Mason Blake (2021)
Moderator Keith Grogg (pastor)



Want to talk? Need a pastor? Come on in!

Call the office at 664-9212,
or email Keith at pastor@montreatchurch.org,
and we'll find a time that works.

Rev. Margaret Peery also provides pastoral care:
parishvisitor@montreatchurch.org

Memo Submissions and Responses

The Weekly Montreat Memo is sent from the Montreat Presbyterian Church office email account. **Responses intended for the pastor** may be sent to pastor@montreatchurch.org.

The Memo is usually published on Tuesday. **Please submit items for the Memo by the Friday morning** before the week in which they are to appear. Thank you! (Articles submitted may be edited for accuracy, clarity or brevity.)

Contact Information

Rev. Keith Grogg, Pastor	Pastor@MontreatChurch.org
Jane Alexander, Clerk of Session	Clerk@MontreatChurch.org
Rev. Margaret Peery, Volunteer Pastoral Visitor	ParishVisitor@MontreatChurch.org
Patty Smith, Office Administrator	Office@MontreatChurch.org

(828) 664-9212
MontreatChurch.org

P.O. Box 577, Montreat, North Carolina, 28757

**Church Office hours: Weekdays 9:00 A.M. - Noon
304 Lookout Road, Montreat**

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